

# Understanding Your Benefits

### Deductibles

You pay the following amounts each year before your health plan starts to pay toward the cost of covered services:

- \$250 per individual plan;  
\$500 per family plan in-network
- \$1,000 per individual plan;  
\$2,000 per family plan out-of-network

The deductible has a hybrid calculation, which means that all deductible amounts paid count toward the family deductible, but the individual will never pay more than their individual deductible amount.

### Out-of-pocket Limits

The following is the maximum you would pay out-of-pocket for essential health benefits each year (including medical and pharmacy copayments, deductibles, and coinsurance).

- \$1,250 per individual plan;  
\$2,500 per family plan in-network
- \$6,000 per individual plan;  
\$12,000 per family plan out-of-network

The out-of-pocket limit has a hybrid calculation, which means that all out-of-pocket amounts paid count toward the family out-of-pocket limit, but the individual will never pay more than their individual out-of-pocket limit.

### Please note:

The deductible and out-of-pocket limits are separate for in-network and out-of-network services.

What's covered Service	What you pay	
	In-Network	Out-of-Network
<b>Preventive Care</b> <ul style="list-style-type: none"> <li>Adult preventive care</li> <li>Child preventive care</li> <li>Immunizations</li> <li>Preventive lab, X-ray, and imaging</li> </ul>	\$0 per visit	20% per visit after deductible
<b>Primary Care Office Visits*</b> <ul style="list-style-type: none"> <li>Adult primary care</li> <li>Adult gynecological exam</li> <li>Pediatric primary care</li> </ul> <small>*1<sup>st</sup> sick visit is free</small>	\$10 per visit for PCMH \$20 per visit for non-PCMH	20% per visit after deductible
<b>Specialist Office Visits</b> <ul style="list-style-type: none"> <li>Specialty care</li> <li>Chiropractic (limit to 20 visits per year)</li> </ul>	\$30 per visit	20% per visit after deductible
<b>Acupuncture</b> (limit 12 visits per year)	\$30 per visit	\$30 per visit
<b>Routine eye exam</b> (limit 1 visit per year)	\$50 per visit	20% per visit after deductible
<b>Diabetics</b> <ul style="list-style-type: none"> <li>Foot exam (limit 1 visit per year)</li> <li>Eye exam (limit 1 visit per year)</li> </ul>	\$0 per visit	20% per visit after deductible
<b>Outpatient Services</b> <ul style="list-style-type: none"> <li>Diagnostic lab</li> </ul>	0% per visit	20% per visit after deductible
<ul style="list-style-type: none"> <li>X-ray, and imaging</li> </ul>	0% per visit	20% per visit after deductible
<ul style="list-style-type: none"> <li>Medical/surgical care</li> <li>High-end radiology (e.g., MRI/CT/PET), nuclear medicine, and sleep studies</li> </ul>	0% per visit after deductible	20% per visit after deductible

### Beyond Benefits

Sign in to your member page on [bcbsri.com](http://bcbsri.com) for useful plan and wellness information at your fingertips.

#### Access Your Benefits:

- Get a list of your benefits and recent claims.
- See how much you've paid toward your deductible and out-of-pocket maximum.
- Check out our cost and quality tools.
- Find the member handbook to learn what to expect from BCBSRI.

#### Health Topics & Discounts:

- Read about thousands of health topics in the Health Center.
- Learn how you can get discounts on gym memberships, as well as free one-week trial memberships.

### Need help?

#### Call Customer Service

- Locally: (401) 459-5000
- Outside Rhode Island: 1-800-639-2227
- TTY (Telecommunication Device for the Deaf) users should call 711

#### Hours:

Monday – Friday,  
8:00 a.m. to 8:00 p.m.,  
Saturday – Sunday,  
8:00 a.m. to noon  
Eastern Time

What's covered Service	What you pay	
	In-Network	Out-of-Network
<b>Inpatient Services</b> <ul style="list-style-type: none"> <li>Hospitalization</li> <li>Maternity</li> <li>Mental health</li> <li>Rehabilitation (limit 45 days per year)</li> </ul>	0% per visit after deductible	20% per visit after deductible
<b>Hospital Emergency Services</b>	\$100 per visit	\$100 per visit
<b>Urgent Care Center</b>	\$50 per visit	\$50 per visit
<b>Telemedicine Visits</b>	\$20 per visit	Not Covered
<b>Retail-Based Clinic Visits</b>	\$20 per visit	20% per visit after deductible
<b>Ambulance</b> <ul style="list-style-type: none"> <li>Ground</li> </ul>	\$50 per occurrence	\$50 per occurrence
<ul style="list-style-type: none"> <li>Air/Water</li> </ul>	\$50 per occurrence	\$50 per occurrence
<b>Durable Medical Equipment</b>	20% per service/device after deductible	40% per service/device after deductible
<b>Physical/Occupational Therapy</b> <ul style="list-style-type: none"> <li>Physical Therapy</li> <li>Occupational Therapy</li> <li>Speech Therapy</li> </ul>	20% per visit after deductible	40% per visit after deductible
<b>Prescription Drugs</b>	\$10-Tier 1; \$25-Tier 2; \$35-Tier 3; \$60-Tier 4; \$100-Tier 5	Not Covered
	\$2 for Asthma, Diabetes and COPD	
<b>Pediatric Vision (For dependents under age 19)</b> <ul style="list-style-type: none"> <li>Collection prescription glasses</li> <li>Standard lenses and lens options</li> <li>Collection contact lenses</li> </ul>	0% per service	Not covered

This is a summary of your VantageBlue benefits. It is not a contract. For details about your coverage, including any limitations or exclusions not noted here, please refer to your subscriber agreement or call the number located on the back of your BCBSRI ID card. If you have questions about receiving medical care, please call your doctor.